

How to Make a Shoebox

Shoeboxes must be valued at approximately \$50 and include NEW items only

Before you get started...

Please consult our website for the most up-to-date information on if, when and where we will be collecting Shoeboxes in your area. You can look up your specific community at shoeboxproject.ca/locations





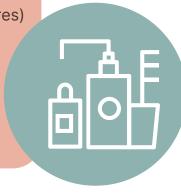
Select your Shoebox & wrap if necessary

- All items must fit within a standard-sized Shoebox or a decorative memory box of the same size (approximately 14"x8"x5")
- The gift MUST be unsealed so that it can be opened for inspection.
- Your gift should look as beautiful as possible line your gift with tissue paper and make sure the wrapping has no rips & tears.
- Do not include bows, as Shoeboxes will be stacked.

Fill your Shoebox with these must-haves

Shoeboxes should include <u>each</u> of the following items:

- **Gift Card** (we recommend \$10 to a grocery or drug store)
- Shampoo & Conditioner (consider all hair types and textures)
- Body Wash
- Deodorant
- Toothbrush & Toothpaste
- Socks
- Chocolate/Candy (nut-free)





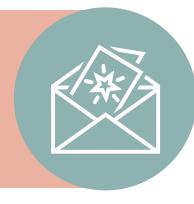
Add little luxuries to make a woman feel special

Shoeboxes should also include:

- Cosmetics (lipstick, eyeliner, mascara, nail polish, etc)
- A cozy accessory (hand warmers, hat, mitts, scarf)
- Skin care (sunscreen, face cream, body/hand lotion, cleanser)
- Self-care (journal, facial mask, eye mask, lip balm)

Write a Message

Each Shoebox should include a card or note - a simple but kind greeting to let your Shoebox recipient know that you care. Please **do not seal** your envelope!





Please **DO NOT** include:

- Used goods
- Unpackaged items
- Hotel/Free Samples
- Sized clothing (i.e. S, M, L, XL)
- Products containing alcohol (ie. mouthwash and sanitizer)
- Candles
- Foundations, concealers or any product for a specific skin tone
- Tampons & sanitary napkins
- Razors, nail kits or anything that could cause harm
- Jumbo-sized containers
- Perfume and heavily fragranced products
- Children's products



Shoebox Checklist

Your Shoebox is going to someone very special and it should be as beautiful as you want her to feel. Please CHECK before you GIVE!

Does your Shoebox
 Contain about \$50 worth of items? Resemble a gift that you would be excited to give a good friend or loved one? Have a lid that can be opened for inspection?
Does your Shoebox contain
 ☐ A gift card ☐ Shampoo ☐ Conditioner ☐ Body Wash ☐ Deodorant ☐ Toothbrush & Toothpaste ☐ Socks ☐ Chocolate or Candy (nut-free) ☐ Some Cosmetics like lipstick, eyeliner, mascara, and nail polish ☐ A warm accessory like mitts, a hat, or hand warmers ☐ Skin care products like sunscreen, hand lotion, or face cream ☐ A Self-care item like a journal, facial mask or lip balm ☐ A friendly greeting or kind message to your Shoebox recipient
Is your greeting
 Non-religious and appropriate for any faith or cultural background? Unsealed? Encouraging and uplifting for any person, regardless of circumstance?

Did you remove any prohibited items?

- Used goods
- Unpackaged items
- Hotel/Free Samples
- Sized clothing (i.e. S, M, L, XL)
- Products containing alcohol (ie. mouthwash and sanitizer)
- Candles
- Foundations, concealers or any product for a specific skin tone
- Tampons & sanitary napkins
- Razors, nail kits or anything that could cause harm
- Jumbo-sized containers
- Children's products



We are so grateful for the time and care you have put into your Shoebox gift and we cannot wait to deliver it to a woman in your community.

Thank You for your Support!